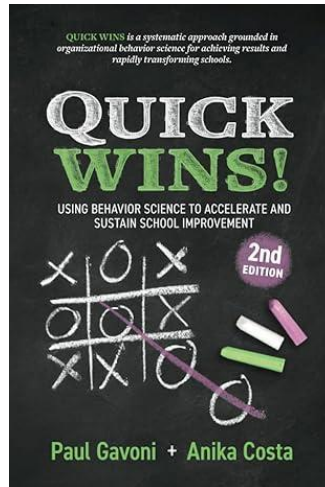




Book Study Syllabus



Quick Wins: Using Behavior Science to Accelerate and Sustain School Improvement

By: Paul Gavoni + Anika Costa

ISBN: 978-1-7377574-8-1

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Credit Equivalent: 1 credit (you will receive a transcript upon completion)

Timeline: This is a self-paced book study, so you determine your timeline.

Course Materials: Please obtain a copy of Quick Wins from a bookstore of your choice. You can choose to purchase a print or audible version.

Requirements

As you read Quick Wins, you will answer **all** the reflection questions for each chapter. At the end of the book study, you will submit **one** Word document (or PDF document or another document showing your learning) that contains your responses to all the reflective questions. The document must include the following:

- ❖ A heading for each question. Use each question as your headings.

- ❖ Single-spaced
- ❖ Professional writing that is free from grammatical errors.

In addition, participants are required to listen to the following podcast episode and respond to the reflection questions provided: *Quick Wins in Public School Settings: Session 239 with Anika Costa and Paul Gavoni*

<https://podcasts.apple.com/us/podcast/quick-wins-in-public-school-settings-session-239-with/id1086413253?i=1000628566656>

Include your responses to the podcast reflection questions in the same final submission document.

Your reflection paper will be submitted to Canvas. Please allow one week for grading. Click “Grades” to see your score and to read the instructor’s feedback.

Chapter	Reflective Questions
Introduction & Chapter 1:	• What is the authors’ definition of a “Quick Win”, and why are quick wins important in school improvement? • Describe a situation in your school or workplace where a quick win could improve morale or performance.
Chapter 2 & 3: Leadership & Reinforcement	• What strategies can leaders use to build buy-in among staff members? • Choose three of the nine characteristics of positive leadership that you believe are most important for your current school or building. Define each characteristic and explain why it would be valuable in supporting staff, students, or overall school culture. • Describe a situation in which you could apply the QUICK Feedback approach. Explain how you would use each part of the process to provide effective feedback.
Chapter 4 & 5: Systems Thinking & Data-Driven Decisions	• Create a Quick Win Matrix and identify at least two examples or ideas within each category. • Provide an example of a situation in which you could use a Quick WOC and a Performance Diagnostic Checklist. Explain how each tool could support problem-solving or improve performance in that situation. • How are IMPACT goals different from traditional SMART goals? • Why is goal clarity essential for sustained improvement?
Chapter 6, 7 & 8: Communication & Strategies	• What communication practices help leaders motivate and engage staff?

	● Describe a communication strategy from the chapter that you would like to implement. ● What makes a quick win meaningful and sustainable? ● How can small improvements lead to larger systemic change over time?
Chapter 9 &10: Improving Behavior in the Cafeteria & Classroom	● What similarities and differences exist between managing behavior in the cafeteria versus the classroom? ● Identify one Quick Win strategy that could improve behavior in both settings. How would you implement it?
Chapter 11 & 12: Elevating School Experience through Service, Environment & Evaluations	● How does the concept of “customer service” apply to interactions with students, families, and staff? ● In what ways can improving curbside appeal and teacher evaluations positively impact school culture? ● How can teacher evaluations be reframed to support growth rather than compliance?
Chapter 13 & 14: Reflective Leadership & Collaborative Goal Setting	● What strategies can leaders use to ensure stakeholder input is meaningful rather than symbolic? ● How can self-reflection improve leadership effectiveness and influence school culture?
Final Reflection	● What are your three biggest takeaways from <i>Quick Wins</i>? ● What is one “Quick Win” you plan to implement immediately, and what impact do you hope it will have?

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● What is the difference between leading and lagging indicators, and how can understanding this improve decision-making in a school setting? ● The authors discuss the idea of relationships as accomplishments. What does this mean, and how might it shift leadership practices in your building? ● What is the Quick Walk protocol, and how could it be used as a leadership tool to support staff and improve performance? ● What key strategies for providing feedback stood out to you, and how could you apply them to improve communication and staff performance in your role?	

Grading Criteria

Certification Central is a competency-based program. Below are the evaluation criteria for the book study.

